

# ASN Senior Secondary School

PREBOARD EXAMINATION 2019-20

SUBJECT: PSYCHOLOGY

CLASS: XII

TIME: 3 Hrs.

MM: 70

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**General Instructions:-**

- (a) All questions are compulsory.
- (b) Part A has 17 learning check questions carrying one mark each.
- (c) Part B is very short answer type question carrying two marks each. Answer should not exceed 30 words.
- (d) Part C is a short type I question carrying 3 marks each. Answer should not exceed 60 words.
- (e) Part D is a short type II question carrying 4 marks each. Answer should not exceed 100 words.
- (f) Part E is long answer type question carrying 6 marks each. Answer should not exceed 200 words.

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## SECTION A (1x17=17)

Q1 Give an example of group test.

OR

'Intelligence consists of 7 primary abilities, each of which is relatively independent of each other'. This view was proposed by \_\_\_\_\_.

Q2. Learning alphabets and digits is an example of simultaneous processing. True/False

Q3. Ramesh is aspiring to head his company. He is very motivated and works hard. However, he is unable to relax and feels he is always short on time. This is an example of \_\_\_\_\_ personality.

Q4. According to Behaviourists, the structural unit of a personality is the \_\_\_\_\_.

OR

While using a self report measure to assess personality, the problems that can be faced are \_\_\_\_\_ and \_\_\_\_\_.

Q5. \_\_\_\_\_ are abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life.

OR

\_\_\_\_\_ is a dynamic developmental process referring to the maintenance of positive adjustment under challenging life conditions.

Q6. Ramya is being provided with books and uniforms by the school. Identify the kind of support that she is receiving.

Q7. A soldier from the army reported paralysis of his right hand. On investigation, no neurological cause could be identified. Name the disorder he is suffering from.

Q8. Rohit believes he is a secret agent and that a network of spies communicates with him through messages sent directly into his head. Identify the type of delusion he is experiencing.

Q9. Helping those who have helped us in past refers to equity norm of pro-social behavior.

TRUE/FALSE

Q10. The Nazis committed atrocities against the Jews. This is an example of \_\_\_\_\_.

a) Prejudice

b) Discrimination

c) Stereotype

d) Scapegoating

Q11. \_\_\_\_\_ and \_\_\_\_\_ are two alternative therapies.

Q12. A collection of people who may be present at a place by chance is called a \_\_\_\_\_.

Q13. The school dramatics team is in the final stage of presenting their play. Identify the stage of group formation the team is at.

Q14. The minimalistic perspective suggests that the physical environment exists mainly for use by human beings. True/False

OR

Frustration Aggression hypothesis was proposed by \_\_\_\_\_.

Q15. You were interviewed by your school selection team for the post of head boy/head girl. Identify the interpersonal distance in this situation.

Q16. \_\_\_\_\_ means that your behavioural expressions are consistent with what you value, the way you feel and relate to your inner self-image.

Q17 \_\_\_\_\_ is only a biological act; the utterance of sound.

### **SECTION-B (2x4=8)**

Q18. Discuss the main limitation of Hans Selye's model of stress.

Q19. Describe the symptoms of obsessive-compulsive disorder.

OR

What is separation anxiety disorder? List any two symptoms.

Q20. How can faulty behavior be modified with token economy? Elucidate with the help of an example.

Q21. What are the determinants of cooperation and competition?

### **SECTION-C (3x3=9)**

Q22. Why is emotional intelligence receiving increasing attention of educators?

Q23. Ankita's job requires her to shift cities very frequently. With reference to secondary appraisal, suggest ways in which she will interpret the situation.

Q24. Why do people obey even when they know that their behavior may be harming others? Explain.

OR

Your school is organizing a picnic. Using techniques of compliance, suggest a plan to get your parents to agree to send you for this picnic.

### **SECTION-D (4x6=24)**

Q25. Describe Robert Sternberg's Triarchic theory of intelligence.

Q26. What are the features of indirect techniques of personality assessment? Describe any one such test.

Q27. How did Freud explain the concept of fixation and regression?

Q28. Describe the nature of psychotherapy. Highlight the importance of therapeutic relationship in psychotherapy.

OR

Ayesha has been feeling anxious and depressed. She is convinced that no one loves her and that it would be very difficult for her to succeed. How will Beck's cognitive therapy help her deal with her negative thoughts?

Q29. How is 'poverty' related to 'discrimination'? Explain the major psychological effects of poverty and deprivation.

Q30. A) A psychologist needs to be sensitive to diversity. Explain.

OR

B) You have been selected the Head Boy/Girl of your school and you have to address the pupils. How can you communicate the agenda of student council most effectively to the audience?

### **SECTION-E (6x2=12)**

Q31. What are some of the measures suggested by WHO to prevent suicide? What are the approaches that are useful in strengthening positive self-esteem in children?

OR

What is addictive behaviour? Name any two frequently abused substances and describe their consequences.

Q32. Is there a consistency between attitude and behavior? Explain.

OR

What do you understand by social facilitation? Discuss the factors that influence this phenomenon.