

ASN Senior Secondary School

PREBOARD EXAMINATION 2019-20

Home Science
CLASS XII

TIME- 3 HR.
MM-70

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General Instructions:

1. All questions are compulsory.
2. There are total 33 questions.
3. Questions no. 1- 18, Section A, are objective type questions and are of 1 mark each.
4. Questions no. 19 – 23, Section B, are of 2 marks each, to be answered in 10-20 words.
5. Questions no. 24 and 25, Section C are of 3 marks each, to be answered in 20-30 words.
6. Questions no. 26 -29 are of 4 marks each, to be answered in 40 words.
7. Questions no. 30 -33 are of 5 marks each, to be answered in 50-60 words.
8. Internal choices are given in sections B, C, D and E.
9. Support your answer with suitable examples wherever required.

SECTION A

Fill in the blanks:

1. Factors affecting meal planning are and 1
2. Two examples of indirect income areand..... 1
3. Physical properties of water areand 1
4. Two types of accounts that can be operated in a bank areand 1
5. Expansion of RDA is..... OR Expansion of COPRA is 1
6. Simple household methods of purification areand 1
7. Constipation means..... 1
8. The term diet refers tomeal. 1
9. The term **meanarche** means ----- 1
10.andtwo dimensions of colour. 1

MULTIPLE CHOICE QUESTIONS

11. Which of the following is not a fastner
a.zip b button c interlocking d hook
12. Which of the following makes appearance taller?
a. Vertical lines b. Horizontal lines c. Diagonal lines d. Plain 1
13. Which of these is not a factor for investment
a. safety and security b. capacity c. Barter system d. income 1
14. What is not an element of art?
a. colour b. Laces and piping c. line d. shape and form 1

15. What is the daily additional requirement of calories in a pregnant lady?
 a. 1000 b. 500 c. 350 d. none 1
16. Anita has to buy a dress for her herself. List any two points of workmanship she should observe before buying it? 1
17. Which are the symptoms of anorexia
 1. muscle wasting 2. Odema 3. dry and scaly skin 4. Malnourishment 1
18. Consequences of Bulimia areand 1

SECTION B

19. What is the role of environment in influencing the differences in the identity of adolescents?

OR

List the eating disorders found in adolescents along with two consequences of each. 2

20. What are the various ways of increasing indirect income? 2
21. Your grandfather is suffering from hypertension. List any two changes that are required in his diet. 2
22. List any four tips you should follow while storing woollens. 2
23. After studying child development Mrs. Khanna started a nursery school, which is not doing well. Acquaint her with four ideas from her own expertise, implementation of which can help her to extend her business and income. 2

OR

Which two opportunities of self-employment can you get after studying home management?
 What are the opportunities available for wage employment after studying child development? 2

SECTION C

24. Based on your knowledge of clothing and apparel, elaborate on any six defects that can be seen in a readymade pant. 3

OR

How can the cleaning action of detergents be explained?

25. A family is unable to track the monthly expenditure in their household. Suggest them a way to keep accounts on a weekly and monthly basis. Draw a format to record monthly expenditure. 3

SECTION D

26. What are the nutritional needs of infants? What are the dietary recommendations while planning and modifying meals for them? 4
27. What are the various responsibilities during young adulthood? How can they cope with them? 4

28. What are the components of family income? Elaborate on all the components. 4

OR

What are the various problems faced by consumers on a daily basis? Explain each.

29. What are the various features that you should for while choosing clothes for adolescents? How is the choice different as compared to adults?

OR

What factors will influence the choice of a dress for your sister who is tall, slim but has a short neck?. 4

SECTION E

30. What factors influence the storage of clothes? Why is there a difference in storing different types of clothes?

OR

What are the different aids used in laundering clothes? On what does the laundering of different garments depend? 5

31. Compare and contrast the features of PF and PPF. 5

32. Adolescents have certain characteristics. What are the typical characteristics of this age?

OR

What are the consequences of substance abuse or misuse on the physical, socio economic, cognitive and emotional health and what are the various ways to deal with it? 5

33. What are the causes of food contamination? How can hygiene be maintained in the kitchen? 5